



Family Conflict Resolution

Grade Level: Foundational **Lesson Plan Timeframe:** 1 day **Topic:** Conflict Resolution in Families
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Overview & Purpose Students will Identify the issues that often cause conflicts in families. They will explore ways to eliminate or reduce these areas of contention and determine ways to manage conflicts in the family.	FCCLA National Program(s) Families First STAR Events
<u>Idaho Standards</u> EFCS 1.4, 2.0 TL 2.0, 3.3, 3.4 YL 2.0 TLC 3.0 TP 1.3 FHW 3.0 AL 3.0, 4.0 HS 4.1 L 3.2 <u>National FACS Standards</u> 1.0 2.0 3.0 6.0 11.0 12.0 13.0 16.0	Programs of study Parenting and Child Development Adult Living Teen Living

Lesson Plan Goals & Objectives (Specify skills/information that will be learned.)	Students will identify issues that cause family conflicts Students will explore ways to reduce/eliminate areas of contention Students will determine ways to manage family conflicts
Materials Needed	<ul style="list-style-type: none"> • Paper • Pencil • Computer with internet
Introduction of Subject Anticipatory set (Give and/or demonstrate necessary information)	Ask- How many of you have ever gotten into a fight with a family member? What was it over? Discuss Ask- How many of you have a perfectly harmonious home? Are there things that you could do to make your home more harmonious?

Activity 1 (Describe the independent activity to reinforce this lesson)	Have students brainstorm issues that cause family conflicts. List on the board Discuss if any are preventable. Have students break into small groups and assign them each a portion of the list on the board of conflicts. Each group should identify ways to reduce and or eliminate the areas of contention Have groups report to the class and discuss their findings.
Assessment	Class discussion and group work
Summary/Evaluation (Assign Homework, or Reflect on the Outcomes)	Have students identify a conflict from their own family and create a plan of action to manage the family conflict using the FCCLA planning process. Give them two weeks to report back to the class on their family conflict action plan and it's results.
Other Resources	(e.g. Web, books, etc.)
Additional Notes	
Source (If Applicable : cite any published or copyrighted materials used in this lesson plan)	National Spotlight Project

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